

Adult Background Questionnaire

NAME: _____ DATE: _____

AGE: _____ SOCIAL SECURITY # _____

D.O.B.: _____ MALE ____ FEMALE ____

EDUCATION: _____

Referred by: _____

Reason: _____

Physician:

Primary Care Doctor: _____ Phone Number: _____

Psychiatrist: _____ Phone Number: _____

Personal history:

Place of Birth: _____ Grew up: _____

Raised by: ____ Mother ____ Father ____ Both

____ Brothers ____ Sisters ____ Birth Order

Father's Occupation: _____ Mother's _____

Describe Your Childhood: _____

Who Disciplined? _____ How? _____

Which Parent Were You Closer to? _____

Medical Problems in Childhood: _____

Injuries in Childhood: _____

Marital Status: _____ Number of Marriages: _____

Children: _____

Prior Mental Health Evaluation and/or Treatment: _____

Education and Work History:

Highest Grade Achieved: _____ Grade Average: _____

Current Occupation: _____

Usual Occupation: _____

Jobs Held: _____

If Unemployed, when did you last work? _____

Alcohol and Drugs: Check any drugs you have **ever** used.

	Date of Last use	
___ Alcohol	_____	_____
___ Marijuana	_____	_____
___ Cocaine	_____	_____
___ Tranquilizers	_____	_____
___ LSD	_____	_____
___ Other	_____	_____

Can you hold liquor (Including beer or wine) well? _____

Drug Treatment? _____ When? _____

Legal History: Arrests/Convictions? ____ If yes, please describe: _____

Current Status:

Living arrangements: ____ House ____ Apartment ____ Other

Who lives with you?

Describe your daily activities: _____

Current Problems: _____

Check any of the following that apply to you over the past week, including today:

- | | | |
|---|--|---|
| <input type="checkbox"/> Depressed | <input type="checkbox"/> Angry | <input type="checkbox"/> Fearful |
| <input type="checkbox"/> Anxious | <input type="checkbox"/> Happy | <input type="checkbox"/> Up and Down |
| <input type="checkbox"/> Frustrated | <input type="checkbox"/> Nervous | <input type="checkbox"/> Optimistic |
| <input type="checkbox"/> Concentration Problems | <input type="checkbox"/> Memory Problems | <input type="checkbox"/> Violent Thoughts |
| <input type="checkbox"/> Thoughts of Suicide | <input type="checkbox"/> Hearing Things | |
| <input type="checkbox"/> Trouble Working | | |

Quality of Sleep: ____ Good ____ Fair ____ Poor
____ Trouble Falling Asleep ____ Midnight Awakening ____ Early a.m. Awakening

Appetite: ____ Good ____ Fair ____ Poor
Level of Sex Drive: ____ Good ____ Fair ____ Poor

Signature

Date